

Leading Edge Professional Development



# Leading Edge Professional Development

## Confidence. Consciousness. Compassion

## Leadership...with a difference!

At Leading Edge Professional Development, authentic leadership and team development are our area of expertise and our passion. **The Graduates and Interns you hire today, will be your leaders of tomorrow!** Commitment to the development of their skills and experience is the single most important thing you can do to ensure the future success of your business.

Our programs develop the leadership and communication skills your new talent need to achieve the best results for themselves and for your organisation. We work with you to design programs that specifically address your team's individual, group and corporate goals.

### What makes our programs different?

We work with horses! Horses are the ultimate addition to a team. They have incredibly astute senses that makes them highly sensitive to the energy, intentions, actions and body language of humans. They serve as a barometer for group dynamics and highlight the effectiveness of individual communication and leadership styles.



Horses have no preconceived ideas about who people are – they don't know if you are the CEO or the Intern. They do, however, pick up on incongruence between actions and intentions. People pick up on this too – however, it can be hard, particularly for new employees, to articulate when something doesn't make sense or feel quite right. As horses have no agenda, and know nothing about the office politics, they highlight this inconsistency instantly and honestly. They work solely on how it feels, they cannot function any other way. Horses react to the real person.

## quite simply – horses make the invisible visible

### How does it work?

Our **Emerging Leaders Programs** are tailored offerings complementing your broader Graduate and Intern training and development programs. They provide a unique and highly effective opportunity for new talent to connect, collaborate and build their authentic leadership skills.

Program participants are assigned into small teams of two or three people and one horse. Together, through positive interaction and teamwork, they tackle various tasks to achieve specific objectives such as effective communication or trust based relationships. In order to work through the tasks successfully with their horse, team members learn to adjust their intentions and behaviours. The cause and effect is obvious and immediate, and parallels drawn to everyday situations have **profound and lasting benefits for positive change.** 

Our experienced leadership coaches guide participants in interpreting their horse's responses to individual and team interactions. They assist in examining how these responses apply to an individual's leadership style and team dynamics when paralleled back to the office environment. Further developing emotional intelligence, self-awareness and resilience lays the foundation for truly authentic leadership.



if we are willing to take on board their leadership lessons, horses are a leveller that no human can match

# **Emerging Leaders Programs**

## **Graduate and Intern - Leadership & Team Building**

At Leading Edge Professional Development, we recognise the importance of Graduate and Intern programs to the future success of your organisation. Talented graduates bring new perspectives and fresh ways of thinking to your business. They are eager build their experience and apply their skills in the workforce. Their enthusiasm is fantastic for team building, productivity and ultimately, for organisational growth.

In today's competitive environment, attracting, retaining and developing new talent provides a vital pipeline for the future. Our Emerging Leader Programs have been designed to elevate your Graduate and Intern training and development programs.





#### Our programs empower participants to:

- ✓ Develop key leadership and communication skills
- ✓ Identify communication style, and that of their peers
- ✓ Recognise the value of trust, respect and integrity
- ✓ Build flexibility, resilience and tenacity
- ✓ Develop self-awareness and self-confidence
- ✓ Overcome barriers to drive positive change
- ✓ Accept individual and team-based accountability
- ✓ Strengthen emotional and mental wellbeing





# **Program Details**

Close to Sydney's major business centres, we provide a *Covid-SAFE environment* to bring your new talent together to connect, collaborate and learn. Our Terrey Hills venue offers a spacious conference room that can be configured to suit your needs, a huge undercover arena for team building activities, a variety of onsite and offsite catering options, all in a beautiful Australian bushland setting.

#### Our packages are tailored to meet you needs and include:

- ✓ Leadership & team building activity with horses
- ✓ Communication & leadership style assessment
- ✓ Comprehensive debrief & evaluation sessions
- ✓ Detailed handouts & worksheets

- ✓ Corporate gift for each participant
- ✓ Photo portfolio sent following the event
- ✓ Lunch, refreshments and morning/afternoon. tea

#### Additional offerings:

- ✓ Lego Challenge team building activity
- √ The Future is Coming creative and strategic thinking workshop
- ✓ Additional catering as required, including optional dinner onsite or at a local restaurant
- ✓ Boutique accommodation at local hotel



## **Additional Corporate Programs**

- ✓ **Leadership Development Programs:** Courses give participants a unique opportunity to understand and develop their own leadership style. We work alongside you with our horses to elevate your leadership skills for building confidence and inspiring your teams.
- ✓ Corporate Retreats: We work with corporate clients of all sizes to develop skills focused retreats working with our beautiful herd of horses. Our stunning nature-based facilities offer a tranquil environment for your team to focus and reconnect away from the hustle and bustle of the office.
- ✓ Women's Leadership Programs: Our dedicated women's leadership programs help participants identify their unique leadership style and develop the skills for success in new or progressive leadership roles.
- ✓ 'Be You' Life Balancing Retreats: Our women's retreats empower participants with a focus on authentic leadership, communication, assertiveness, teamwork and inclusion in a neutral, non-threatening environment. They are especially beneficial for women re-entering the workplace.
- ✓ Team Building: Through a series of group-based activities, participants build greater awareness of themselves and their colleagues. Further developing emotional intelligence, resilience and selfawareness that lays the foundation for truly authentic leadership and effective teamwork.
- ✓ Off-site Strategy and Project Kick-off Meetings: We offer a spacious conference room configured to suit your needs. Our package includes Team Building with Horses for a truly unique off-site.
- ✓ Special Events: Connect with your team at an off-site venue with a difference! Whether you are celebrating a seasonal event or welcoming a new team member, our unique space is perfect.

## **Client Testimonials**

### **Salesforce**



"Incredibly grateful to have spent this morning at Leading Edge Professional Development in with colleagues from Salesforce! It was a wonderfully insightful opportunity to explore what horses have to teach us about leadership, including attention, direction, energy, and congruence. Highly recommended for your next team or leadership outing!".

**APAC VP, Salesforce** 

## **Beam Suntory**



"We worked with Leading Edge Life Skills to design a leadership development activity for our emerging leaders. The goal of this program was to accelerate the effectiveness of our leadership team's capability via building their skills in being more collaborative, having courageous conversations and commitment as a leadership team.

The activities that we undertook with the horses powerfully and uniquely showed the team what it means to be a leader, how to work as a team and how important it is to inspire others. It was a perfect foundational activity to commence conversations about a leader's impact on others, the power in communication and the strength in teamwork.

Also, thanks to this unique experience, our Bootcamp program has been nominated as a finalist in the Australia HR Awards program! I highly recommend this activity as a unique way to expand an individual's thinking about their personal leadership style and their impact on others."

HR Director Oceania, Beam Suntory

## **Boston Consulting Group**



"Today provided an incredible opportunity for our emerging leaders to gain deep insights and valuable skills. The activities really highlighted team dynamics, helping individuals gain a better understanding of the different personalities and communication styles of their team members. They were challenged to step out of their comfort zone and find their 'inner-leader. The awareness of self and others gained today will no doubt be vital in their future careers."

Senior Partner and Managing Director, BCG

## Westpac



"I learnt to be aware of my surroundings. Sometimes you become so focused on a task that you forget to see or observe the external factors that impact you and by extension, the task. Today I learned the importance of clear communication in a team and how important it is not to send mixed messages."

Participant, Westpac Banking Corporation





**Gallery** 























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